University of St Andrews Athletic Union First Aid Policy

1. First Aid Courses
Clubs should have an appropriate body of first aid qualified members. To facilitate this, the Athletic Union Executive will liaise with Sports Centre Duty Manager to arrange at least one first aid course per semester and further courses if there is demand. These courses should be of the highest quality practicable.

2. Minimum First Aid Equipment Required
Every club is required by the Athletic Union Executive to have appropriate first aid equipment which is kept fully stocked at all times and attends all club activity. The minimum stock of a club first aid kit should be as follows:

- 4 triangular bandages
- 6 large bandages
- 6 large low adherent dressings
- 5 pairs of gloves
- 2 Foil space blankets (for all sessions and matches occurring outside)
- 2 Instant cooling packs
- 1 pair of first aid shears
- Copy of the Saints Sport Accident/Incident/Near Miss Reporting Form

Some clubs will be required to carry additional items by their safety policy.

Club first aid kits will be subject to random inspection visits to club training sessions.

Actions:
   a. AU EXEC To organise appropriate training
   b. AU EXEC To conduct random safety checks
   c. Club Safety officer to ensure that members attend training
   d. Club Safety officer to ensure that club has appropriate first aid equipment at all times